

AUGUST | 2022

OVS Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	2	3	4	5
8	9	10	11	12
15	16	17	18 Breakfast Pizza (26g) Fresh Fruit 100% Fruit Juice (15g) Milk	19 Breakfast Ring (47g) Fruit Cup 100% Fruit Juice (15g) Milk
22 Donut Sticks (48g) Fresh Fruit Craisins (27g) Milk	23 Flapstick Fruit Cup 100% Fruit Juice (15g) Milk	24 Yogurt (12g) & Waffle (12g) Fresh Fruit Fruit Cup Milk	25 French Toast Bites (38g) Fruit Cup 100% Fruit Juice (15g) Milk	26 Breakfast Ring (47g) Fruit Cup 100% Fruit Juice (15g) Milk
29 Oatmeal Round (39g) Fresh Fruit Raisins (30g) Milk	30 Cinnamon Roll (53g) Fresh Fruit 100% Fruit Juice (15g) Milk	31 Super Bun (34g) Fresh Fruit Fruit Cup Milk	1	2

Breakfast Prices

Full Pay – \$1.75
Reduced Pay - \$.30
No charge - \$.00
Adult Meal - \$ 3.00

Available Daily

cereal bowl (25g)
whole grain muffin (31g)
cereal bar (30g)
poptart (38g)

Fresh Fruit Choices

Red Apple (21g)
Green Apple (25g)
Orange (11g)
Banana (27g)
Red Grapes (14g)
Green Grapes (14g)
Strawberries (6g)
Pear (27g)

Milk Choices

FF White (13g)
1% White (13g)
FF Chocolate (19g)
FF Strawberry (19g)

Get our menus on your phone!

