

NOVEMBER | 2022



Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31 Chicken Patty on Bun (42g) Potato Wedges (14g) Fresh Veggie Mix (5g) Fresh Apples (19g) Sidekicks (20g)	1 Cheeseburger (28g) Spiral Fries (25g) Fiesta Black Beans (20g) Fresh Oranges (15g) Pineapple Tidbits (15g)	2 Pizza Crunchers (42g) Corn (13g) Fresh Broccoli (3g) Applesauce Cup (14g) 100% Fruit Juice (15g)	3 Chicken Nuggets (13g) Mashed Potatoes (19g) Fresh Veggie Mix (5g) Dried Cherries (32g) Grapes (8g)	4 4x6 pizza (27g) Cooked Carrots (7g) Tossed Salad (2g) Diced Pears (19g) Banana (27g)
7 Chicken Patty on Bun (42g) Potato Wedges (14g) Fresh Veggie Mix (5g) Fresh Apples (19g) Sidekicks (20g)	8 No School	9 Frito 3-way (21g) OR Spaghetti 3-way (41g) Cooked Carrots (7g) Cucumber Cup (4g) Pineapple Tidbits (15g) Craisins (27g)	10 Chicken Tenders (14g) Mashed Potatoes (19g) Green Beans (3g) Sliced Peaches (17g) Grapes (8g)	11 Hot Dog (27g) Spiral Fries (25g) Fiesta Black Beans (20g) Orange Slices (15g) 100% Fruit Juice (15g)
14 Mandarin Orange Chicken (31g) Vegetable Fried Rice (27g) Stir Fry Veggies (3g) Carroteenies (8g) Pineapple Tidbits (15g) Raisins (32g)	15 Personal Pizza (33g) Corn (13g) Cucumber Slices (4g) Mandarin Oranges (16g) Grapes (8g)	16 Frito Chili Taco (28g) Cooked Broccoli (3g) Carrots & Celery (4g) Diced Pears (19g) 100% Fruit Juice (15g)	17 Thanksgiving Meal Turkey/Gravy (6g) Stuffing (21g) Mashed Potatoes (19g) Green Beans (3g) Apple Slices (8g) Roll (27g) Pumpkin Pie (38g) or Pudding (22g)	18 Mini Corn Dogs (36g) Potato Smiles (25g) Baked Beans (28g) Applesauce Cup (14g) Banana (27g)
21 Pizza Crunchers (42g) Corn (13g) Fresh Broccoli (3g) Applesauce Cup (14g) 100% Fruit Juice (15g)	22 Cheeseburger (28g) Spiral Fries (25g) Fiesta Black Beans (20g) Mandarin Oranges (16g) Apple Slices (8g)	23 No School	24 No School	25 No School
28 Chicken Patty on Bun (42g) Potato Wedges (14g) Fresh Veggie Mix (5g) Fresh Apples (19g) Sidekicks (20g)	29 Cheesy Pull Aparts (30g) Marinara Cup (7g) Winter Blend Veggies (2g) Diced Pears (19g) Applesauce Cup (14g)	30 Frito 3-way (21g) OR Spaghetti 3-way (41g) Cooked Carrots (7g) Cucumber Cup (4g) Pineapple Tidbits (15g) Craisins (27g)	1	2

Lunch Prices

Full Pay – \$3.00
 Reduced Pay - \$.40
 No charge - \$.00
 Adult Meal - \$ 4.25

Available Daily

Anytimers Lunch Boxes
 Deli Sandwiches

Fresh Fruit Choices

Red Apple (21g)
 Green Apple (25g)
 Orange (11g)
 Banana (27g)
 Red Grapes (14g)
 Green Grapes (14g)
 Strawberries (6g)
 Pear (27g)

Milk Choices

FF White (13g)
 1% White (13g)
 FF Chocolate (19g)
 FF Strawberry (19g)

Get our menus on your phone!

