

SEPTEMBER | 2022



Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Chicken Nuggets (13g) Mashed Potatoes (19g) Steamed Broccoli (5g) Sliced Peaches (17g) Fresh Fruit Cup (8g) Chocolate Chip Cookie Bites (29g)	2 4x6 pizza (27g) Cooked Carrots (7g) Tossed Salad (2g) Diced Pears (19g) Strawberries (6g)
5 NO SCHOOL	6 Cheesy Pull Aparts (30g) Marinara Cup (7g) Winter Blend Veggies (2g) Diced Pears (19g) Applesauce Cup (14g)	7 Frito 3-way or Spaghetti 3-way (41g) Cooked Carrots (7g) Cucumber Cup (4g) Pineapple Tidbits (15g) Craisins (27g)	8 Chicken Tenders (14g) Hot Roll (27g) Mashed Potatoes (19g) Green Beans (3g) Sliced Peaches (17g) Fresh Fruit Cup (8g)	9 Pretzel Sticks (28g) & Cheese (4g) Steamed Broccoli (5g) Fresh Veggie Mix (5g) Orange Slices (15g) 100% Fruit Juice (13g)
12 Mandarin Orange Chicken (31g) Vegetable Fried Rice (27g) Stir Fry Veggies (3g) Carroteenies (8g) Pineapple Tidbits (15g) Raisins (32g)	13 Personal Pizza (33g) Corn (13g) Cucumber Slices (4g) Mandarin Oranges (16g) Apple Slices (8g)	14 Crunchy Frito Taco (28g) Green Beans (3g) Carrots & Celery (4g) Diced Pears (19g) 100% Fruit Juice (13g)	15 Chicken & Waffles (35g) Potato Smiles (25g) Fresh Veggie Mix (5g) Sliced Peaches (17g) Fresh Fruit Cup (8g)	16 Mini Corn Dogs (36g) Baked Beans (28g) Tossed Salad (2g) Applesauce Cup (14g) Banana (27g)
19 Pizza Crunchers (42g) Corn (13g) Fresh Broccoli (3g) Applesauce Cup (14g) 100% Fruit Juice (13g)	20 Walking Taco (32g) Refried Beans (21g) Carrots & Celery (4g) Orange Slices (15g) Pineapple Tidbits (15g)	21 Chicken Patty on Bun (42g) Potato Wedges (14g) Fresh Veggie Mix (5g) Fresh Apples (19g) Sidekicks (20g)	22 Chicken Nuggets (13g) Mashed Potatoes (19g) Steamed Broccoli (5g) Sliced Peaches (17g) Fresh Fruit Cup (8g) Chocolate Chip Cookie Bites (29g)	23 4x6 pizza (27g) Cooked Carrots (7g) Tossed Salad (2g) Diced Pears (19g) Strawberries (6g)
26 Cheeseburger (28g) Spiral Fries (25g) Fiesta Black Beans (20g) Mandarin Oranges (16g) Apple Slices (8g)	27 Cheesy Pull Aparts (30g) Marinara Cup (7g) Winter Blend Veggies (2g) Diced Pears (19g) Applesauce Cup (14g)	28 Frito 3-way (21g) or Spaghetti 3-way (41g) Cooked Carrots (7g) Cucumber Cup (4g) Pineapple Tidbits (15g) Craisins (27g)	29 Chicken Tenders (14g) Hot Roll (27g) Mashed Potatoes (19g) Green Beans (3g) Sliced Peaches (17g) Fresh Fruit Cup (8g)	30 Pretzel Sticks (28g) & Cheese (4g) Steamed Broccoli (5g) Fresh Veggie Mix (5g) Orange Slices (15g) 100% Fruit Juice (13g)

Lunch Prices

Full Pay – \$3.00
Reduced Pay - \$.40
No charge - \$.00
Adult Meal - \$ 4.25

Available Daily

Anytimers Lunch Boxes
Deli Sandwiches

Fresh Fruit Choices

Red Apple (21g)
Green Apple (25g)
Orange (11g)
Banana (27g)
Red Grapes (14g)
Green Grapes (14g)
Strawberries (6g)
Pear (27g)

Milk Choices

FF White (13g)
1% White (13g)
FF Chocolate (19g)
FF Strawberry (19g)

Get our menus on your phone!

